

CROWN CENTER UPDATES

Monthly Business Center Newsletter

CrownCenter
EXECUTIVE SUITES



GUIDE TO MASTERING THE HYBRID WORK ENVIRONMENT

Small to mid-sized businesses and solopreneurs are increasingly adopting hybrid work environments to balance flexibility and productivity.

The ability to work remotely has become an essential part of modern business operations, yet maintaining a physical workspace, whether full-time or on an as-needed basis, still holds undeniable value.

A recent report by Cushman & Wakefield, [The In-Office Edge: Leveraging In-Office Engagement for Career Growth](#), highlights how in-person interactions within hybrid models contribute to professional development, collaboration, and overall career growth.

For business owners, entrepreneurs, and remote teams, striking the right balance between remote efficiency and in-office engagement is key to long-term success.



READ [Leveraging In-Office Engagement in Hybrid Work Environments](http://www.ccesuites.com/suite-success-blog) at www.ccesuites.com/suite-success-blog

QUOTES &
INSPIRATION

EVERY
successful
journey
begins with
the right
starting
point.

SUITE SUCCESS HABITS!

Break the Doomscrolling Cycle

Doomscrolling—endlessly consuming negative news and social media—can drain your energy, increase anxiety, and make you feel powerless. While staying informed is important, constantly refreshing bad news doesn't help you or your well-being.

Here we share a few tips on how to break the cycle!

- ✓ Set Time Limits - Use screen timers or app blockers to curb excessive scrolling.
- ✓ Curate Your Feed - Follow uplifting, educational, or inspiring content instead of endless negativity.
- ✓ Engage, Don't Just Consume - Replace scrolling with meaningful actions, like volunteering, learning a new skill, or connecting with loved ones.

BOOKS, APPS AND PODCASTS TO CHECK OUT!

Recommendations of books, podcasts, and other interesting things.

Hola
Bonjour
Ni hao
Konichiwa



Want to break the doomscrolling habit? Replace it with a language app. Duolingo is a great way to begin learning a language due to its fun, gamified approach and accessibility.

Duolingo is a fun, free app for learning 40+ languages through quick, bite-sized lessons. Practice speaking, reading, listening, and writing.

CULTURAL



ST. PATRICK'S DAY PARADE & FESTIVAL

St. Patrick's Day Parade & Festival in Fort Lauderdale in 2025 is 10 a.m. - 7 p.m.

Saturday, March 8, and entry is free. The festival is 10 a.m. - 7 p.m. at Tunnel Top Plaza on Las Olas Boulevard and Southeast Sixth Avenue, Fort Lauderdale 33316.

The parade features decorative floats, bagpipers, marching bands, street performers, classic automobiles, and more. The festival features live music, a kids zone, exhibitors, interactive games, cultural activities, and Irish food and beverages.

GET THE DETAILS



PROFESSIONAL



LEXUS

CORPORATE RUN

PRESENTED BY FIRST HORIZON BANK

2025

APRIL 2, 2025 @ 6:45PM

27th Annual Ft. Lauderdale event

"Ft. Lauderdale's Largest Office Party" - a 3.1-mile run/walk open to all your employees. In addition to the fun and camaraderie of the run, teams compete for awards in 18 industry categories as well as a T-Shirt Contest. You must have at least four employees from your company on your team to participate.

GET THE DETAILS

